



# Chord Progression

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**Sustain** | press on; never break the momentum when transitioning until we ascend to a higher level of worship, prayer and walk with God.

## 2 Chronicles 5:13-14

The trumpeters and musicians joined in unison to give praise and thanks to the Lord. Accompanied by trumpets, cymbals and other instruments, the singers raised their voices in praise to the Lord and sang:

“He is good; his love endures forever.”

Then the temple of the Lord was filled with the cloud, and the priests could not perform their service because of the cloud, for the glory of the Lord filled the temple of God.

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**In one accord, there will be greater manifestation of God’s spirit in our midst.**

What does worship mean?

How often do you find yourself having difficulty worshipping God on Sundays? What are the reasons behind the difficulty of letting go of your worries, what troubles you most?

How can we encourage one another to lay aside worries and anxieties? Which verse(s) in the Bible do you find God spoke most meaningfully to you concerning this? Feel free to share among yourselves as an encouragement.

How many ways can we prepare ourselves for worship?

**Support & sustain.**

**Pray Until Something Happens.**

**Support** | as the body of Christ, we are to sustain one another, covering for one another during spiritual warfare for victory.

## Joshua 3:17

The priests who carried the ark of the covenant of the Lord stopped in the middle of the Jordan and stood on dry ground, while all Israel passed by until the whole nation had completed the crossing on dry ground.

## Exodus 17:10-13

As long as Moses held up his hands, the Israelites were winning, but whenever he lowered his hands, the Amalekites were winning. When Moses’ hands grew tired, they took a stone and put it under him and he sat on it. Aaron and Hur held his hands up—one on one side, one on the other—so that his hands remained steady till sunset.

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Besides prayer, what practical role(s) do you think we can do to sustain one another? Is there anything such as culture, practices that the family of TOD can implement to better sustain one another?

What if there was no one to turn to for help, what would you do to help yourself?

God speaks to different individuals differently. Close the group discussion by sharing your key takeaway of this sermon.